



FREE WEEKLY OUTDOOR WORKOUT

DESCHUTES & LADDERS



Every Wednesday at 6:30pm until approximately 7:30pm. All fitness levels welcome!

STICK AROUND AFTER THE WORKOUT FOR TASTY BEVERAGES AND FUN AT THE DESCHUTES TASTING ROOM!



FOR MORE INFO CHECK US OUT ON FACEBOOK @RUNABOUT SPORTS ROANOKE OR WWW.RUNABOUTROANOKE.COM